

Finding your Resources

Sport and Exercise

This subject guide contains a variety of resources to support your studies in Sport and Exercise

Find all our guides, a link to the Library Catalogue (Heritage) and links to online resources on the Library pages of Moodle – http://moodle.bathcollege.ac.uk

Where are the books?

Search the Library Catalogue to find both books and eBooks. Some key sections in the Library are:

796	Sport
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796.01 Sports Psychology/Ethics

796.015 Sport Science

796.07 Physical Education

796.072 Sport Research796.077 Sports Coaching

796.087 Sport for disabled people796.3-796.9 Specific Sports and Games

797 Water Sports

306.483 Sport and Society
611 Human Anatomy
612 Human Physiology
612.044 Exercise Physiology

612.76 Movement

613 Health Promotion

613.2 Nutrition613.7 Fitness

613.71 Exercise for Sport

613.7115 Training

Sports Medicine and Injuries

E-Books

In college follow the link straight from the <u>Library Catalogue</u>. Use your Network username and password to log in if required











ASK US FOR HELP

Tel: 01225 328899 (CCC) **Or**: 01225 328686 (SVC)

Email: library@bathcollege.ac.uk

Online Resources

Follow the links on Moodle to access these resources and find guides and information about them.

Encyclopaedia Britannica—General reference, useful for background research

Academic Search Elite—over 2000 full text journals and newspaper articles, covering a wide range of topics

Anatomy and Physiology Online—interactive, with 3D

models of human anatomy

Useful Websites

A good search engine, such as Google, is helpful for more specific searching, but you will need to evaluate your results carefully.

Some websites to check out include:

Sports Coat UK—<u>www.ukcoaching.org</u>

BBC Sport—www.bbc.co.uk/sport

The Football Association—<u>www.thefa.com</u>

Sport England—<u>www.sportengland.org</u>

DVDs and Online TV/Films

DVDs are shelved on the carousel near the library reception desk.

As well as DVDs available from the Library you can also use Planet eStream to access TV programmes, films and relevant documentaries online at

video.citybathcoll.ac.uk

Programmes on eStream include: **Tonight: are we giving kids a sporting chance**, **The Beauty of Anatomy** and **Jamie's Super Food**







Beyond the Basics

Study Skills—See **2.6** in Student Life and the **Skills Zone** on Moodle for guides and advice

yourLibrary - the centre of your success